

VibraLITE12

Quick Reference (User Guide)

Note: To SET any function, the DIGIT(S) that you want to set MUST BE FLASHING. Digits will stop flashing if no buttons are pushed within 2 minutes.

CALENDAR MODE

Instructions:

- 1) Press the "MODE" button to rotate to the Calendar Mode screen.
- 2) Hold down the "SET/RST" button until "T-ZONE" is displayed at the top of the screen and "1", "2" or "3" at the bottom of the screen is flashing.
- 3) Use the "ST/STP" button to select the time zone you want to set.
- 4) Press the "MODE" button. Hour digit(s) will be flashing.
- 5) Use the "ST/STP" button to set the hour. **Note:** When using the 12 hour clock, note "PM" icon.
- 6) Press the "MODE" button. Minute digit(s) will be flashing.
- 7) Use the "ST/STP" button to set the minutes.
- 8) Using the "MODE" button and "ST/STP" button as above, continue setting seconds, day/date of the month, month, year, 12 or 24 Hour Clock and DATE viewing order.
- 9) Press the "SET/RST" button to save programmed information.

To Select the Time Zone to be Displayed in the Calendar Mode:

- 1) While in the calendar mode, hold down the "SET/RST" button until "T-Zone" is displayed at the top of the screen. "1", "2" or "3" at the bottom of the screen will be flashing.
- 2) Use the "ST/STP" button to select the time zone wanted displayed.
- 3) Press the "SET/RST" button to lock in the selected time zone.



Quick Viewing of Additional Time Zones:

While in the calendar mode press the "ST/STP" button to rotate to the two time zones not displayed. The screen will automatically return to the Time Zone that was set to remain displayed.

ALARM MODE Instructions:

Note: Programmed alarm times will go off daily based on the Time Zone set to remain displayed in the calendar mode.

- 1) Press the "MODE" button until "ALARM" is displayed at the top of the screen. After approximately two seconds "ALM-01" will be displayed.
- 2) Hold down the "SET/RST" button until the number "01" flashes.



- 3) Use the "ST/STP" button to select the alarm you would like to set ("01"-"12").
- 4) Press the "MODE" button. The hour digit(s) will be flashing.
- 5) Use the "ST/STP" button to set the hour. **Note:** When using the 12 hour clock, note "PM" icon.
- 6) Press the "MODE" button. The minute digit(s) will be flashing.
- 7) Use the "ST/STP" button to set the minutes.
- 8) Press the "SET/RST" button to save programmed information, OR to advance to the next alarm, press the "MODE" button while the minutes are flashing and then press the "ST/STP" button. Repeat steps 4 through 8.

Turning Alarms On/Off:

- 1) Press the "MODE" button until "ALARM" is displayed at the top of the screen. After approximately two seconds "ALM-01" will be displayed.
- 2) Use the "SET/RST" button to select the alarm you would like to turn on/off.
- 3) Use the "ST/STP" button to change the selected alarm. **Note:** To deactivate or reactivate ALL Alarms, see OPTION Mode Programming Instructions and select OFF or ON for Vibration and Sound.

CHRONOGRAPH (STOP WATCH) Instructions:

- 1) Press the "MODE" button until "CHRONO" is displayed at the top of the screen and "0'00'00" is displayed at the bottom. If a time other than "0'00'00" is displayed, press the "ST/STP" button to stop the timer if it is counting up. When timer is stopped, press the "SET/RST" button.
- 2) Press the "ST/STP" button to start or stop the counting up.



Chronograph Split Timing:

- 1) Reset the Time Display to zero ("0'00'00") as noted above.
- 2) Press the "ST/STP" button to start counting up.
- 3) Pressing the "SET/RST" button will freeze the screen. The elapsed time can be recorded while the internal timer continues to count up, but is not displayed.
- 4) Pressing the "SET/RST" button a second time will display the total elapsed time. (counting up continues.)

TIMER Instructions:

- 1) Press the "MODE" button to select either "TIMER1" OR "TIMER 2" to be displayed at the top of the screen. After approximately two seconds "TMR-1" for TIMER 1 OR "TMR-2" for TIMER 2 will be displayed.



- 2) Hold down the "SET/RST" button until the hour digit(s) flash.
- 3) Use the "ST/STP" button to set the hour.
- 4) Press the "MODE" button. Minute digit(s) will be flashing.
- 5) Use the "ST/STP" button to set the minutes.
- 6) Press the "MODE" button. Second(s) digit(s) will be flashing.
- 7) Use the "ST/STP" button to set the minutes.
- 8) Press the "MODE" button. "REPEAT" will be displayed at the top of the screen and "ON" or "OFF" will be flashing at the bottom.
- 9) Use the "ST/STP" button to select REPEAT "ON" or "OFF". When REPEAT is "ON", the countdown time will repeat automatically each time it reaches zero (0:00 00) and record and display up to 99 repetitions.
- 10) Press the "MODE" button. "REMIND" will be displayed at the top of the screen and "ON" or "OFF" will be flashing at the bottom.
- 11) Use the "ST/STP" button to select REMIND "ON" or "OFF". When REMIND is "ON", a one second reminder alerts at ten

- minutes, at 5 minutes and again at 30 seconds before zero.
- 12) Press the "SET/RST" button to save programmed information.

Starting/Stopping the Countdown Timer:

- 1) While in the selected Countdown Mode Screen, press the "ST/STP" button to start the countdown.
- 2) Press the "ST/STP" button to stop the countdown. The time remaining will be displayed.
- 3) Press the "ST/STP" button to resume counting down.

Quick Reset of Original Countdown Time:

- 1) Hold down the "SET/RST" button until the previously programmed countdown time is displayed on the screen.
- 2) Press the "ST/STP" button to restart at previously set time.

OPTION MODE Instructions:

- 1) Press the "MODE" button until "OPTION" is displayed at the top of the screen. After approximately two seconds "VIBRA" will be displayed with "ON" or "OFF" displayed at the bottom.



- 2) Hold down the "SET/RST" button until "ON" or "OFF" begins to flash.
- 3) Use the "ST/STP" button to turn vibration "ON" or "OFF".
- 4) Press the "MODE" button. "SOUND" will be displayed at the top of the screen. "ON" or "OFF" displayed at the bottom of the screen will be flashing.
- 5) Use the "ST/STP" button to turn sound "ON" or "OFF".
- 6) Press the "MODE" button. "HOURLY" will be displayed at the top of the screen. "ON" or "OFF" displayed at the bottom of the screen will be flashing.
- 7) Use the "ST/STP" button to turn hourly alert "ON" or "OFF". HOURLY Alerts set to "ON" will give a brief reminder every hour on the hour.
- 8) Press the "MODE" button. "BUTTON" will be displayed at the top of the screen. "ON" or "OFF" displayed at the bottom of the screen will be flashing.
- 9) Use the "ST/STP" button to turn BUTTON signal "ON" or "OFF". Button Alerts, when set "ON", will identify the current alert setting (vibration, sound or both) each time the "MODE" or "ST/STP" button is pressed.
- 10) Press the "SET/RST" button to save

programmed information.

Quick Viewing of Current Option Mode Settings:

- 1) Press the "MODE" button until "OPTION" is displayed at the top of the screen. After approximately two seconds "VIBRA" will be displayed and OFF or ON will show.
- 2) Press the "ST/STP" button repeatedly to view other current option mode settings. ("SOUND", "HOURLY", "BUTTON")

EL LIGHT: (DISPLAY BACK LIGHT)

Press the "LIGHT" button to turn on the backlight. Light will stay on for approximately 3 seconds and then turn off automatically if another button is not pushed. Light will continue to stay on while any other button is pushed within 3 seconds.

Refer to Owner's Manual for more Detail of Instructions, Service and Warranty.

VibraLITE 12

CALENDAR MODE

- Program and keep track of hour, minutes, seconds and calendar (day of the week, day/date of the month, month, and year in up to three different time zones).
- Time Zone 1, 2, or 3 can be selected to be displayed on the screen.
- Presets alarms will go off based on the time zone displayed on the screen.
- Select the TIME format (12hour = AM/PM time or 24 hour = Military time).
- Note: Time format selected will automatically be applied to all three time zones.
- Select the DATE format (Month followed by the Day/Date of the Month OR Day/Date of the Month followed by the Month).
- Note: DATE format selected will automatically be applied to all three time zones.

Calendar Mode Screen Abbreviations:

T-ZONE = Time Zone, Hr = Hour, MM = Month, DD = Day/Date, SU = Sunday, MO = Monday, TU = Tuesday, WE = Wednesday, TH = Thursday, FR = Friday, SA = Saturday.

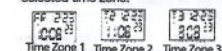
Calendar Mode Programming Instructions:

- Press the "MODE" button to rotate to the Calendar Mode screen.
- Hold down the "SET/RST" button until "T-ZONE" is displayed at the top of the screen. The number "1", "2" or "3" at the bottom of the screen will be flashing.
- Use the "ST/STP" button to select the time zone you want to set.
- Press the "MODE" button. The hour digit(s) will be flashing.
- Use the "ST/STP" button to set the hour. Note: When using the 12 hour clock, "PM" will be displayed in the box at the left of the screen when the hour is set for PM. If the hour is set for AM, the box will be empty.
- Press the "MODE" button. The minute digit(s) will be flashing.
- Use the "ST/STP" button to set the minutes.
- Press the "MODE" button. The second digit(s) will be flashing.
- Use the "ST/STP" button to reset the seconds to zero (00). If necessary.
- Press the "MODE" button. The day/date of the month will be flashing.
- Use the "ST/STP" button to set the day/date. (1-31)
- Press the "MODE" button. The month will be flashing.
- Use the "ST/STP" button to set the month.

- Press the "MODE" button. The last two numbers of the YEAR will be flashing.
 - Press the "ST/STP" button to set the year.
 - Press the "MODE" button. The number "12" or "24" will be flashing. (12 = AM/PM 12 hour time OR 24 = military 24 hour time).
 - Use the "ST/STP" button to set the time format.
 - Press the "MODE" button. The letters "MM/DD" OR "DD-MM" will be flashing. (Month followed by Day/Date of the Month = "MM/DD" OR Day/Date of the Month followed by Month = "DD-MM").
 - Use the "ST/STP" button to set the DATE format.
 - Press the "SET/RST" button to save programmed information.
- Note: When setting the Calendar Mode, if programming is interrupted and no button is pushed within 2 minutes, the flashing will stop and the settings that are shown on the screen will be held. Finish programming by repeating steps 1 and 2 and rotating through the other steps to complete as needed.

To Select the Time Zone to be Displayed in the Calendar Mode:

- While in the calendar mode, hold down the "SET/RST" button until "T-Zone" is displayed at the top of the screen. The number "1", "2" or "3" at the bottom of the screen will be flashing.
- Use the "ST/STP" button to select the time zone wanted displayed.
- Press the "SET/RST" button to lock in the selected time zone.



Quick Viewing of Additional Time Zones: While in the calendar mode press the "ST/STP" button to rotate to the two time zones not currently displayed. If no button is pushed for approximately five seconds, the screen will automatically return to the Time Zone that was set to remain displayed.

ALARM MODE:

- Program up to twelve daily alarms.
- Alarms are approximately twenty seconds in duration before stopping automatically. Activated alarms can be stopped manually by pushing the "ST/STP" button once.
- Alarms will respond with the alert (sound, vibrate or both) that has been set in the OPTION Mode.
- Programmed alarm times will go off daily

based on the Time Zone set to remain displayed in the calendar mode.

Alarm Mode Screen Abbreviations: ALM = Alarm

Alarm Mode Programming Instructions:

- Press the "MODE" button until "ALARM" is displayed at the top of the screen. After approximately two seconds "ALM-01" will be displayed.
 - Hold down the "SET/RST" button until the number "01" flashes.
 - Use the "ST/STP" button to select the alarm you would like to set ("01" - "12").
 - Press the "MODE" button. The hour digit(s) will be flashing.
 - Use the "ST/STP" button to set the hour. Note: When using the 12 hour clock, the "PM" indicator will be displayed in the box at the left side of the screen. If the hour is set for AM, the box will be empty.
 - Press the "MODE" button. The minute digit(s) will be flashing.
 - Use the "ST/STP" button to set the minutes.
 - Press the "SET/RST" button to save programmed information, OR to advance to the next alarm, press the "MODE" button while the minutes are flashing and then press the "ST/STP" button. Repeat steps 4 through 8.
- Note: When setting the times in Alarm Mode, if programming is interrupted and no button is pushed within 2 minutes, the flashing will stop and the settings that are shown on the screen will be held. If no button pushed within 2 additional minutes, screen will return to Calendar Mode automatically.

Turning Alarms On/Off:

- Press the "MODE" button until "ALARM" is displayed at the top of the screen. After approximately two seconds "ALM-01" will be displayed.
 - Use the "SET/RST" button to select the alarm you would like to turn on/off.
 - Use the "ST/STP" button to change the selected alarm.
- Note: When the alarm is on, the alarm time will be displayed with "On" in the second box on the right side of the screen. When the alarm is off, "OFF" will be displayed at the bottom of the screen. Note: To deactivate or re-activate ALL Alarms see OPTION Mode Programming Instructions and select OFF or ON for Vibration and Sound.

CHRONOGRAPH (STOPWATCH) MODE:

- Counts up to 23 hours, 59 minutes and 59 seconds.

- Provides single event, time out (pause) and split timing.

Chronograph Mode Screen Abbreviations:

CHRONO = Chronograph

Chronograph Instructions:

- Press the "MODE" button until "CHRONO" is displayed at the top of the screen. After approximately two seconds, "00'00" will be displayed at the bottom of the screen. If a time other than "00'00" is displayed, press the "ST/STP" button to stop the timer if it is counting up. When timer is stopped, press the "SET/RST" button.
- Press the "ST/STP" button to start counting up. The icon located in the center box on the screen will be flashing.
- Press the "ST/STP" button to stop the timer and record the elapsed time.
- Press the "ST/STP" button to resume timing.

Chronograph Split Timing:

- Reset the Time Display to zero ("00'00") as noted above.
- Press the "ST/STP" button to start counting up.
- Pressing the "SET/RST" button will freeze the screen. The elapsed time can be recorded while the internal timer continues to count up, but is not displayed.
- Pressing the "SET/RST" button a second time will display the total elapsed time. (counting up continues.)

Note: Chronograph Mode remains on the display. Press the "MODE" button to rotate to Calendar Mode.

TIMER MODE:

- Program a countdown time up to 23 hours, 59 minutes and 59 seconds on two timers. When the countdown reaches zero (00'00) the alert(s) that are set will activate and stop automatically. Duration of Timer One alert is five seconds. Timer Two alert is ten seconds. Activated alert can be stopped manually by pushing the "ST/STP" button once.
 - Alert can be set for sound, vibrate or both. (Sound and vibration can be turned on/off in the OPTION mode.)
 - REPEAT option can be turned "ON" or "OFF". When REPEAT is turned "ON", the programmed countdown time will automatically repeat each time it reaches zero (00'00). The number of times this has been repeated will be displayed at the top of the screen. (up to 99 and rolling over to 0)
- Note: If a countdown time of less than thirty

seconds is set to repeat, the alert duration will change to approximately one second before stopping automatically.

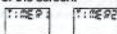
REPEAT option can be turned "ON" or "OFF". When REPEAT is turned "ON", an alert approximately one second in length will be activated at ten minutes before zero, at 5 minutes before zero and again at 30 seconds before zero.

Timer Mode Screen Abbreviations:

TMR = Timer, REP = Repetition

Timer Programming Instructions:

- Press the "MODE" button to select either "TIMER1" OR "TIMER2" to be displayed at the top of the screen.



- After approximately two seconds "TMR-1" for TIMER 1 OR "TMR-2" for TIMER 2 will be displayed.
- Hold down the "SET/RST" button until the hour digit(s) flash.
- Use the "ST/STP" button to set the hour.
- Press the "MODE" button. The minute digit(s) will be flashing.
- Use the "ST/STP" button to set the minutes.
- Press the "MODE" button. The second digit(s) will be flashing.
- Use the "ST/STP" button to set the seconds.
- Press the "MODE" button. "REPEAT" will be displayed at the top of the screen and "ON" or "OFF" will be flashing at the bottom.
- Use the "ST/STP" button to select REPEAT "ON" or "OFF".
- Press the "MODE" button. "REPEAT" will be displayed at the top of the screen and "ON" or "OFF" will be flashing at the bottom.
- Use the "ST/STP" button to select REPEAT "ON" or "OFF".
- Press the "SET/RST" button to save programmed information.

Note: When setting the Countdown Timer(s), if programming is interrupted and no button is pushed within 2 minutes, the flashing will stop and the settings that are shown on the screen will be held. Finish programming by repeating Step 2 and continue as needed.

Countdown Time remains on the display. Press the "MODE" button to rotate to Calendar Mode.

Starting/Stopping the Countdown Timer:

- While in the selected Countdown Mode Screen, press the "ST/STP" button to start the countdown. The countdown timer icon located in the box at the right side of the screen will be flashing.

- Press the "ST/STP" button to stop the countdown. The time remaining will be displayed.
- Note: When Countdown time is set to REPEAT and the alert is currently activated, press the "ST/STP" button twice to stop the countdown.
- Press the "ST/STP" button to resume counting down.

Quick Reset of Original Countdown Time:

- Hold down the "SET/RST" button until the previously programmed countdown time is displayed on the screen.
- Press the "ST/STP" button to restart at previously set time.

OPTION MODE:

- VIBRATION and SOUND alerts can be turned "ON" or "OFF". The alerts that are turned ON will be activated by the preset Daily Alarms, Countdown Timers, Hourly alert and Button push.
- HOURLY Alerts, when set "ON", will give a brief reminder every hour on the hour with the alerts that are turned on (vibration, sound or both). Note: Hourly alerts will be based on the Time Zone set to be displayed in the Calendar Mode.
- Button Alerts, when set "ON", will identify the current alert setting (vibration, sound or both) each time the "MODE" or "ST/STP" button is pressed.

Option Mode Screen Abbreviations: VIBRA = Vibration

Option Mode Programming Instructions:

- Press the "MODE" button until "OPTION" is displayed at the top of the screen. Vibration ON will be displayed. The word "ON" or "OFF" will be displayed at the bottom of the screen.
- Hold down the "SET/RST" button until "ON" or "OFF" begins to flash.
- Use the "ST/STP" button to turn vibration "ON" or "OFF".
- Press the "MODE" button. "SOUND" will be displayed at the top of the screen. "ON" or "OFF" will be displayed at the bottom of the screen will be flashing.
- Use the "ST/STP" button to turn sound "ON" or "OFF".
- Press the "MODE" button. "HOURLY" will be displayed at the top of the screen. "ON" or "OFF" will be displayed at the bottom of the screen will be flashing.

- Use the "ST/STP" button to turn hourly alert "ON" or "OFF".
- Press the "MODE" button. "BUTTON" will be displayed at the top of the screen. "ON" or "OFF" will be displayed at the bottom of the screen will be flashing.
- Use the "ST/STP" button to turn BUTTON signal "ON" or "OFF".
- Press the "SET/RST" button to save programmed information.

Note: When setting the features in Option Mode, if programming is interrupted and no button is pushed within 2 minutes, the flashing will stop and the settings that are shown on the screen will be held. If no button is pushed within 2 additional minutes, screen will return to Calendar Mode automatically.

Quick Viewing of Current Option Mode Settings:

- Press the "MODE" button until "OPTION" is displayed at the top of the screen. After approximately two seconds "VIBRA" will be displayed. If vibration is currently turned on, "ON" will be displayed at the bottom of the screen. If turned off, "OFF" will be displayed.
- Press the "ST/STP" button repeatedly to view other current option mode settings. ("SOUND", "HOURLY", "BUTTON")

EL LIGHT: (DISPLAY BACK LIGHT)

Press the "LIGHT" button to turn on the backlight. Light will stay on for approximately 3 seconds and then turn off automatically if another button is not pushed. Light will continue to stay on while any other button is pushed within 3 seconds.

BATTERY:

Standard 3 volt lithium CR2032 is required. Battery must be replaced by a qualified person to maintain water resistance. Battery life will vary due to how often the vibration function and EL Light are used.

IMPORTANT PRECAUTIONS:

VibraLITE watches are not intended to be worn during swimming, diving or in the shower. Do not attempt to open the watch to replace the battery yourself, or for any reason, as this operation must be performed by a qualified technician under controlled conditions. We recommend that you retain your original sales slip as your proof of purchase date.

SERVICE:

Before sending your watch for service, have the battery checked and/or try resetting by

pushing all four buttons at the same time until the display clears and then reset.

ONE YEAR LIMITED WARRANTY:

Our VibraLITE 12 is warranted to be free from defects in material or workmanship for One Year from the date of purchase. This is a limited warranty and covers watch functions only. This warranty does not apply to the battery, band, case or crystals since such items are subject to wear and tear of daily use. The warranty is void if the watch has been tampered with, altered, abused, or subjected to extreme conditions for which it was not designed, or repaired other than by a qualified service center. At its option, GLOBAL ASSISTIVE DEVICES, INC. may select to replace the unit, rather than repair it. During the warranty period, return the watch with dated proof of purchase, in a secure package, insured and with shipping charges prepaid. No C.O.D. packages will be accepted. Please include a note describing the service required, your return address and include \$9.95 (check, money order, Visa, MasterCard, American Express or Discover) for shipping and handling in the USA. Other countries please contact us for pricing.

OUT OF WARRANTY SERVICE:

Follow the same procedure for shipping to us as you would for warranty service. Be sure to include a description of the problem. Before any work is performed, an estimate will be submitted for your approval for any parts and labor not covered by the warranty.

DISCLAIMER:

In no event shall Global Assistive Devices, Inc. be held liable for any special, incidental, indirect or consequential damage whatsoever including, but not limited to, damages for loss of property, personal injury, loss of privacy, failure to meet any duty, negligence and any other loss whatsoever, however caused, even if Global has been advised of the possibility of such damages. This disclaimer of liability applies to any damages or injury, including but not limited to those caused by any failure of performance of the product. Responsibility for selection, safety and suitability of any product rests with the consumer. Circumstances or consequences arising out of or in anyway related to the use of or inability to use our products is the responsibility of the consumer. Global Assistive Devices, Inc. cannot be held liable in any way.