

# Handy Solutions®

# Talking Digital Bathroom Scale

## Safety Information

**IMPORTANT:** Please read and comply with all of the instructions and warnings provided in this manual before using the product. Failure to comply with the instructions and warnings provided herein may result in inaccurate results and/or damage to the product itself.

The glass platform is slippery when wet. Make sure the platform is dry before stepping on for measurement.

Consult your primary-care doctor or physician before making changes to your diet, exercise plans, and/or physical activities.

This scale is not intended for commercial use.

To weigh safely and accurately, please stand on the center of the platform and stand still until a result is calculated.

DO NOT strike or drop the scale.

DO NOT stand on the edge of the scale or jump on it.

DO NOT stand on the scale platform for a prolonged period of time or when not in weighing operation.

Always place the scale on a hard, dry, and flat surface before measurement.

Handle the scale with care, as it is a precision instrument.

Clean the scale with a damp cloth and avoid getting water or any other liquid inside the scale.

DO NOT use chemical or abrasive cleaning agents to clean the scale.

Keep the scale in a cool environment with dry air.

Always keep the scale in a horizontal position; do not store vertically.

If the scale fails to turn on, check whether the batteries are installed correctly. Replace the batteries if necessary.

If an error appears on the display or if the scale does not turn off automatically, remove the batteries for 3 seconds, then reinstall them.

DO NOT overload the scale (max. weight capacity: 390 lbs / 176 kg).

If the scale is not in use for an extended period of time, remove the batteries to ensure battery conservation and to extend the scale service lifetime.

## Tips:

Always weigh yourself on the same scale placed on the same floor surface. Try to weigh yourself the same time every day. Your scale rounds up or down to the nearest 0.1 lb / 0.5 kg, if you weigh yourself twice and get two different readings, your weight lies between the two readings.

## Battery Change Indicator

When the batteries need replacing the following will appear on the screen:



Open back board of the scale

Take batteries carefully out of the battery compartment. Push the metal sheet outwards with your fingernail or a sharp instrument. The battery will pop up.

Caution:

- Do not bend the contacts back
- Dispose of old batteries in a safe place.
- Do not place on fire

## Power Supply

Lithium battery included Battery (2\*AAA)

Please remove the insulation sheet from the battery before using. Replace the batteries when the "low battery indicator" shows



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## Operation

### Install Batteries - Lithium battery included Battery (2\*AAA)

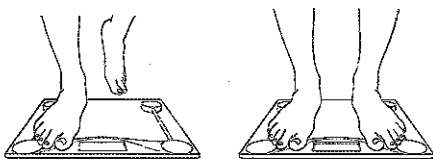
- Open the battery compartment (underside of scale)
- Remove the insulation sheet from the batteries
- Close the battery compartment

### Converting Weight Units

- Locate black button on the underside of the scale (between anti-skid paddings)
- Push button to convert units between kg and lb
  - If having issues pushing button please use a small object like a pen head to push in

### Weight Measurement

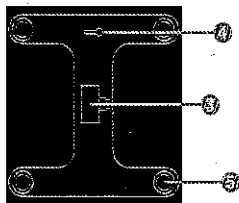
- For best results, place the scale on a hard, flat surface.
  - Avoid carpet and soft surfaces
- Step on scale standing evenly, without shifting your feet or body.
- The scale will flash and then display your final result.
  - Final result will remain on screen for 10 seconds.



Maximum weight capacity: 390 lbs / 176 kg

### Main Functions

1. Digital display
2. Scale platform
3. Battery compartment
4. Push button to convert units between kg and lb
5. Anti-skid padding



### Specifications

Weight Capacity:	390 lbs (176 kg)
Graduation:	0.1 lb (0.05 kg)
Weight Units:	lb / kg
Battery:	2 x AAA batteries
Platform:	Tempered glass
Auto-Off:	8-10 seconds
LCD Display:	2.87" x 1.1"
Dimensions:	11" x 11"
Equipped with high precise strain gage sensor system	
Auto zero resetting & auto power off	
Lower power & over-load indicator	

### Troubleshooting

Error Message	Reason	Solution
"Lo"	Low battery.	Replace batteries
"OL"	Overload indicator- over 390 lbs (176 kg)	Remove item from scale
Scale is not turning on.	Batteries may be incorrectly installed.	Take out batteries and reinstall them under the correct polarity.
	Batteries may need to be replaced.	Replace batteries.
	Item being weighed is too light	Remove item and use a smaller scale to measure object
	Light does not come on when stepping on scale.	Scale may be broken. Contact customer support.